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BERKSHIRE COUNTY BOARDS OF HEALTH ASSOCIATION

COVID-19 Food Establishment FAQ

This Checklist can be used to help Food Establishments manage COVID issues. Remember the local Board of Health has the final say on all COVID and Food Safety Issues.

If you want to keep our schools in-person and businesses open, do your part to limit the spread.

1. **What should I be doing in my restaurant to keep staff and patrons safe?**
 - a. **Follow these general business guidelines.** <https://www.mass.gov/info-details/reopening-massachusetts#general-business-guidance->
 - b. **Follow these sector specific guidelines.** <https://www.mass.gov/info-details/safety-standards-and-checklist-restaurants>
2. **What are the current operating rules?** (As of 11/10/20)
 - a. Take-out at all hours; inhouse food and beverage service only between 5:00 AM and 9:30 PM with all patrons gone by 10:00 PM latest. A best practice is to **change your webpage/signs** to avoid confusion.
 - b. Maximum of 10 people in a party or group whether at one table or multiple tables.
 - c. Masks for everyone except when eating.
 - d. Social distancing of 6 feet maintained between tables, high traffic areas and staff work areas.
 - e. No entertainment, except background music, radio, tv or the like.
 - f. No self-serve, shared condiments, or shared menus.
 - g. High contact areas, tables and chairs cleaned between each use.
 - h. Staff must be screened daily for illness (verbal or online).
3. **If a recent customer calls and reports they tested positive, what do I have to do?**
 - a. Until the Board of Health or Public Health Nurse call, you don't have to do anything, but it would be a best practice to alert your staff and do a thorough, extra cleaning of all surfaces in your restaurant.
 - b. It would also be a best practice to alert your patrons and remind your staff to be vigilant and follow all the rules around wearing masks, social distancing, washing hands, staying home when ill, and reporting any COVID infections in their household.
 - c. If the Board of Health calls, you are required to cooperate with contact tracing.
4. **What do I do if an onsite staff person reports he/she has tested positive for COVID-19?**
 - a. Tell the staff person to immediately stay home and away from family and friends until released by public health officials. Isolation currently ends a minimum of 10 days after they first have symptoms (or after a positive test if they are asymptomatic) and after 24 hours without fever and with improving symptoms. They should follow the Public Health Nurse instructions.
 - b. Close and clean as soon as possible then you may reopen unless told otherwise by BOH.
 - c. **Notify the Board of Health of the positive report.**
 - d. Notify your staff of the potential exposure if they were within 6 feet for more than 15 minutes.
 - e. Before the Public Health Nurse calls to do contact tracing, staff who have had close contact with a positive case should consider staying home. Testing less than 4 days after the exposure is not conclusive. If you do an immediate test and the **test is negative, test again 4 days after the exposure.** Consider asking all staff who are a close contact to the positive case to get tested 4 days after the exposure and stay home until the test results are in to stop the spread.
 - f. Consider notifying recent patrons of the potential exposure.
 - g. When the Board of Health calls, cooperate with contact tracing.
5. **What do I do if an onsite staff person reports a positive COVID case in their household?**
 - a. It is advised to report the close contact exposure to a positive case to the Board of Health.
 - b. Ill or exposed close contacts must stay at home and follow Board of Health instructions. In general, someone who is a close contact of a positive case will be ordered by the BOH to quarantine at home for 14 days after their most recent exposure. If they become ill, they will be ordered to isolate. A negative test early on after contracting the disease is not reliable. Viral levels may take 10 days or more to build up to levels detectable by our current tests. Thus, when ordered to do so, you must self-quarantine for the full 14-day period after exposure to a known case unless all of the following are true:
 - i. It is at least day 10 of your quarantine,
 - ii. You have not had nor do you have any symptoms,

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- iii. Day 8 or later you obtained a negative PCR test, **and**
 - iv. You agree to monitor and report symptoms to the Board of Health for the full 14 days
 - c. If someone in your household is sick and you continue to have regular contact with the case, your 14- day quarantine does not begin until after the person with COVID has been released from isolation. To shorten rolling quarantine periods in a household, consider isolating or quarantining in a remote location such as a hotel room or a separate house.
 - d. Encourage your exposed or ill staff to also protect their families and friends by notifying them of their status, wearing a mask even at home and staying isolated or quarantined for the required period.
 - e. If the Board of Health asks for contact information for staff and patrons, you must provide it.
 6. **Do food items handled by a COVID positive staff person need to be discarded?** COVID is not a foodborne illness if you follow good hygiene practices. Ready-to-Eat foods should be discarded. Foods that can be cooked can be safely served.
 7. **What is a Close Contact?** Defined as someone who was within 6 feet for 15 minutes over the course of 24 hours within 48 hours of symptom onset or the 10-day recovery period of a person who tested positive.
 - a. **If I am a close contact to a positive case, can I return to work if I get a negative COVID test?** A negative COVID test **does not** shorten a BOH order for a mandatory 14-day quarantine period unless all the following are true:
 - i. It is at least day 10 of your quarantine,
 - ii. You have not had, nor do you have any symptoms,
 - iii. Day 8 or later you obtained a negative PCR test, **and**
 - iv. You agree to monitor and report symptoms to the Board of Health for the full 14 days
 8. **Who pays for COVID tests if it is work related?** Most insurance policies pay for COVID testing for exposed close contacts and sick individuals. This may require a provider or Board of Health referral. There is no requirement for a business to pay for testing, but it is a best practice. There may be free testing for uninsured. Call 2-1-1 or contact BHS COVID-19 Hotline, 1-855-262-5465 for more information.
 9. **Do I have to give staff paid time off if they are a close contact?**
 - a. Under the Federal Families First Coronavirus Response Act, certain employers are required to give paid time off for COVID isolation or quarantine. <https://www.dol.gov/agencies/whd/pandemic/ffcra-employee-paid-leave>
 - b. Even if not required, it is a best practice to support your staff in staying home when ill or exposed to this virus by giving them paid time off. Don't let them return to work before they are allowed to do so.
 10. **When the health department leaves a message to deep clean, what does that mean?**
 - a. Wear gloves and a mask and follow the product ventilation instructions when cleaning and disinfecting.
 - b. In addition to the usual daily cleaning, do an extra-long cleaning using EPA approved chemicals on all non-food contact surfaces that are touched by staff and patrons including walls, floors, tables, chairs, doorhandles, toilets, faucets, light switches, etc. <https://www.epa.gov/pesticide-registration/list-n-disinfectants-coronavirus-covid-19>
 - c. As with any deep cleaning, close until you are done to keep patrons safe and to comply with DPH and CDC guidance. <https://www.cdc.gov/coronavirus/2019-ncov/community/clean-disinfect/index.html>
 11. **When can our restaurant reopen?** As soon as the deep cleaning is completed unless BOH has ordered otherwise.
 12. **What do I do if I am ordered stay home and need to go into work to check on something?** You cannot break isolation or quarantine for any reason except to seek urgent medical attention. You must find someone else to take on any essential in-person functions. Fines of over \$1,000 per violation and legal actions can be levied for breaking Board of Health orders including suspending your food permit.
 13. **What are the rules if a staff person travels out of state?** Except for travel to certain low risk states, anyone returning from out-of-state travel that is not an excepted reason, must complete a travel form and quarantine for 14 days or obtain a negative PCR test. Best is to wait 4 days to take the test, but the rules say it can be within 72 hours of your return. <https://www.mass.gov/info-details/covid-19-travel-order#massachusetts-travel-form->
 14. **Where can I get immediate help on nights and weekends?** Call your local Board of Health. The Towns of Becket, Egremont, Lanesborough, Peru, Richmond, Washington, & Windsor have contracted with the Berkshire Public Health Alliance for public health services. You can contact the Alliance COVID-19 Agent at smartin@berkshireplanning.org. Sandra checks email all weekend and will respond as soon as possible.

More information: <https://www.mass.gov/info-details/covid-19-information-for-local-boards-of-health-public-messaging>

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